

# CBCP JANUARY NEWSLETTER

2025

## Reminders



- **Mid year evaluations** are being prepared, and will be gone over in Parent Teacher conferences in February. These evaluations will focus on the skills and attitudes of each child, and the plans for their coming school year.
- **Early registration** is expected to begin later this month for returning students, or siblings of current families. We will be sending home registration forms for next year, and we expect to fill up fast when we open registration to the general public around the end of February. If you would like to register, simply fill out the registration form, and return with the registration fee—payable in cash or check, or through the website. Please note that we cannot hold your spot until the registration fee is received.
- If you are unsure how to proceed for next year, please reach out to your teacher! There is also a page on our website titled “The Big K” with lots of information that you may find helpful in your decision making process.
- **Tax ID # is 82-414-9805. There is also a “fill in tax form” on the Form Central page of the website, that can help you keep track of tuition payments if wanted.**
- **Tuition** for January is due by the 6/7th (or the first week that we resume classes). Payment can be sent in with your child or paid online. Late fees will be added to any payments processed after this date. Any half year payments are also due by this date.

- **Snow day reminder**— If Lake School District is off or delayed, CBCP will not be in session at all that day—you will be contacted by your teacher in the event of any cancellation, and can also check the school’s facebook or instagram page, or classdojo.
- Please continue to practice **independence** with your little ones at home—especially in bathroom practices and winter dressing—putting on coats on their own is a very important skill!
- We are having a blast in **Lunch Bunch!** If you are interested, it is a great way to prepare for the longer days of kindergarten, and the challenges of eating lunch on their own, while socializing with their peers. Lunch Bunch is offered Monday, Wednesday, and Friday until 1:00pm. Please contact Mrs. Hudgins (text the school at 330-887-2205), or Mrs. Douglas through Classdojo, if there is a day you would like your child to try it out—some days are at capacity, so we must know 24 hours ahead of time, if your child is planning to stay. Please wait for confirmation from one of them. It’s only \$18 for a “drop in” day!

Many blessings for a prosperous and happy 2025! After weeks of vacation from school, we are anxious to begin the New Year with your children. January holds winter activities, and beach activities, as we imagine ourselves in a warmer climate at the end of the month. Once again, our staff would like to extend our sincere thanks for all of the kind words and gifts received from you! We’re so grateful to have such supportive parents and families.



## Helpful points to remember in the New Year



1. Parents help their children become self disciplined by using gentle strength and firm love.
2. Parents are responsible for maintaining control of the situation, not the child.
3. We can set limits, but we can also allow choices within those limits.
4. Parents need to remain firm on limits set. To give in or fight is not love, it is disrespect. It also can heighten anxiety through distrust.
5. Assertive parents stand up for their own rights. They calmly state what they are willing and not willing to do.
6. Taking time for yourself is a positive way to care for your family as well as yourself.
7. By communicating expectations in advance, parents help children live up to those expectations.
8. Assertive parents use these skills:
  - I messages: "I'd appreciate" statements and statements of willingness and intention
  - Brief confrontations
  - Logical and natural consequences related to the lesson needing to be learned
9. If there is difficulty getting a child to do chores, experiment with trading tasks.

10. When using logical consequences, parents should:

- Identify the child's goal
- Recognize who owns the problem
- Give choices both parent and child are willing to accept
- Replace talk with action
- Monitor their tone of voice and nonverbal behavior
- Avoid hidden motives
- Follow through consistently with consequences if behavior continues.

11. Give non edible rewards. Give hugs and kisses, stickers, family adventures- not food- for comfort and encouragement, to help encourage a healthy relationship with food.

12. Limit screen time. Give time limits for screen time, encourage dramatic and manipulative play, and spend time together- go for a jog, kick a ball around, ride bikes, go on a nature walk, build an indoor fort ect.

13. Eat meals together!

## Upcoming Events

- There will be **no school** on Friday January 17 or Monday January 20.
- Pirate Day (for the classes who celebrate) - January 24 + 28
- Beach Day: January 30 + 31
- **Parent/Teacher Conferences** will be on February 6 + 7: There will be no school during these days. You will be assigned a 15 or 20 minute time to meet with your child's teacher during those days.
- **No School** Friday February 14 or Monday February 17
- **Spring Break:** March 24-28

