

FUN With the ALPhabet

After 20 minutes of hearing your child wail, "Now I know my ABC's!" you're starting to think that next time you won't sing with him to practice letters. Here are some other ways to have a little fun with the alphabet!



Give the classic song a tune-up. Keep it from getting boring by singing it as quick or as slow as you can, roaring or whispering, or by hopping on one foot as you say each letter.

Do the twist. Have your child try to form the letters with their bodies. (Ones with straight lines, like X and T, make fairly simple starting points.) This is great for two kids to do together, or join in yourself!

Declare a letter day. Decide today is C day! Bake Cookies, Color with Crayons, read books about Cats, and point out the connection between letter C and its sounds. You can explore a new letter together each week.

Make your own alphabet book. Snap pictures of simple things in your neighborhood that start with different letters of the alphabet: an anthill for A, a bird for B, a car for C ect. Assemble the pictures into a small album—your preschooler will love their one-of-a-kind book of letters!

Play Tag. Use chalk to write the letters in your child's first name on the sidewalk, then challenge them to race to the next letter you call out, before you tag them. Up the ante by adding the letters in their last name too

Play with your food. A few pretzel sticks, carrots, or orange slices can form most of the letters of the alphabet. And who knows? Seeing their name spelled out in snacks may even tempt a picky eater.