

Wondering if you should keep your little one home or not?

Here are some things to consider:

- **Has your child been fever free (nothing over 100.4 degrees F) for 24 hours?**

If they have not, they should not be at school yet.

- **Has your child vomited or had loose stool in the last 24 hours?**

Both of these things mean we need to stay home for at least 24 hours from the last incident.

- **If your child has a runny nose, can they handle their runny nose independently? (I.e. wiping/blowing their nose sufficiently on their own), and is it clear or colored?**

If it's colored, it's probably best to stay home. Likewise, if they are unable to wipe their nose sufficiently on their own, it's going to be very hard to keep their germs to themselves at school.

- **Will they have to spend their whole day at the tissue box instead of participating?**

- **Is there a cough or sore throat?**

If the answer is yes to any of these, it's best to stay home and rest.

Thanks for helping our school stay happy and healthy!

